



Enhanced Wellness Package Offerings

Aetna health – This is our member website where members will find all their health care related information from being able to find a doctor, view coverage and costs, see prescriptions, engage in wellness programs and more. In addition to the website there is also a free Aetna health app member can download.

Cancer support center – A digital hub that consists of member resources that gives plan specific coverage information about preventive screening, diagnosis, testing and treatment processes for certain cancers.

Maternity support center – A digital hub that provides trusted and reliable information about the maternity journey, including tailored covered information that is member specific based on coverage.

Informed Nurse line – 24/7 access to a registered nurse for any common questions or concerns that are health related.

Member discounts – Discounts are contracted through LifeMart. There are variety of discounts on products and services for nutrition, weight management, fitness and more. It is important to note that discounts can vary based on zip code.

Aetna maternity program – This program identifies pregnant members with conditions that put them and their babies at risks for unfavorable outcomes. For members who qualify for case management early in pregnancy, Aetna's staff trained in childbirth provides education, case management, individualized support and more.

Teladoc – A low cost, convenient and quality alternative for non-emergent cases. Care is available 24/7 by web, phone and the Teladoc mobile app. Physicians can diagnose, treat, and write short term prescriptions.

Disease Management – Program that helps improve health outcomes and lower costs for customers and their members. This program identifies and monitors members with chronic conditions. Nurses will proactively reach out to members to address their condition using a holistic approach.

Biometrics – Onsite biometric screenings increase employee's awareness of health risks and related conditions and they give our customers an in-depth analysis of employee's health



issues. There are multiple screening options customers can choose from i.e., onsite screenings, patient service centers, physician forms, and (or) home kits.

Get Active – Consists of 4 quarterly challenges throughout the year that are team based. Platform will be custom to the one's company and employees will be able to interact with one another and compete with one another to finish the challenge. This program is available to all employees.

Simple Steps – An interactive, personalized, online health and wellness program that can help employers enhance the health and productivity of their employees. Members will receive \$50 for completion of both the online health assessment and journey.

Attain – Attain by Aetna is an app that was created by Aetna and Apple. With an Apple Watch, the Attain app will provide Aetna members personalized goals, track their daily activity levels, recommend healthy actions, and ultimately reward members for taking these actions to improve their well-being. Reward opportunities include the ability for eligible users to earn their Apple Watch through their participation in the program. Click here for full comprehensive overview that is member facing of the attain program click [HERE](#).